

The Common Grounds

GLUTEN-FREE MENU

BREAKFAST

BREAKFAST SANDWICH

6.95

Two Scrambled Eggs smothered with American Cheese and topped with your choice of Bacon, Sausage or Ham. Served with a side of Fresh Fruit.

EGG PLATE

6.95

Two Scrambled Eggs, Fresh Fruit and your choice of Bacon, Sausage or Ham.

SPINACH & PARMESAN SCRAMBLER

7.95

Three Scrambled Eggs loaded with Spinach and topped with Parmesan Cheese. Served with Fresh Fruit.

COWBOY SCRAMBLER

8.75

Three Eggs Scrambled with Roasted Peppers & Onions, Mushrooms, Swiss Cheese and Garlic. Served with Salsa and Fresh Fruit.

LUNCH & DINNER

FRESH MOZZARELLA & TOMATO

7.25

Layers of FRESH Mozzarella, Roma Tomatoes and FRESH Basil drizzled with Garlic Olive Oil and Balsamic Vinegar.

SHRIMP COCKTAIL

7.25

Six Jumbo Shrimp served with our specialty Cocktail Sauce.

BASIL MUSHROOM CAP

8.25

A Portabella Cap layered with Basil Pesto and FRESH Mozzarella. Baked and topped with Tomatoes, Basil, Balsamic Vinegar and Olive Oil.

HOUSE SALAD

4.75 small / 7.25 regular

A mix of House Greens topped with Tomatoes, Red Onions, Carrots and Sprouts. Served with your choice of Dressing.

GREEK SALAD

5.95 small / 7.75 regular

A mixture of House Greens, Tomatoes, Feta Cheese, Black Olives, Red Onions and Pepperoncini. Tossed in our Zesty Greek Vinaigrette.

CUBANO AVOCADO SALAD

5.75 small / 8.25 regular

A bed of Baby Spinach topped with Tomatoes, Corn, Black Beans, Red Onions, Avocado and Cheddar Cheese. Served with Chipotle Ranch.

SPINACH PECAN SALAD

6.25 small / 8.75 regular

A bed of Baby Spinach loaded with Mandarin Oranges, Pecans, Bleu Cheese Crumbles and Shredded Carrots. Tossed in Mandarin Poppyseed Dressing.

CALIFORNIA CHICKEN SALAD

6.95 small / 9.95 regular

Baked Chicken, Avocado, Tomatoes, Sprouts and a blend of Cheeses served on a bed of House Greens with Almonds and Orange Citrus Vinaigrette.

ANY REGULAR SANDWICH OR WRAP MAY BE ORDERED GLUTEN-FREE.